

GLUTEN CONSCIOUS MENU



**BOB'S CAFE**



## BREAKFAST

served daily until 4pm

### poached apricot porridge v 7

toasted seeds, orange blossom honey  
almond, skimmed or whole milk

### middle eastern breakfast plate v f 14

free range eggs, halloumi, avocado smash,  
sweet potato, olives, hummus, chopped salad,  
rose harissa, greek yoghurt, gluten free toast

### sweetcorn fritters v 12

poached egg, roasted tomatoes, spinach, avocado smash  
add crispy bacon 2 | add halloumi 3.5

### avocado smash vg 9.5

roasted tomato, chilli flakes, coriander, gluten free toast  
add a poached egg 1.5 | add crispy bacon 2

### red shakshouka v 11.5

free range eggs in a tomato & pepper stew,  
grated feta, gluten free toast

### eggs royale 12

free range poached eggs, smoked salmon,  
herby hollandaise, gluten free toast  
add spinach | avocado 2.5

## NIBBLES & STARTERS

### nocellara olives vg 4

lemon, garlic

### caprese salad v 8.5

mozzarella, tomatoes, avocado, basil

### bob's nachos v 10

cheese, avocado smash, black beans,  
chillies, sour cream, pink onions,  
chipotle sauce

### hummus & toast v 7.5

chickpeas, harissa, paprika

### sticky asian wings 7

teriyaki sauce, sesame seeds

## MAINS

### goat's cheese salad v f 12

sweet potato, beetroot,  
cherry tomatoes, pink onions,  
toasted seeds, vinaigrette

### chicken shawarma 14.5

chopped salad, whipped tahini,  
gluten free toast, rose harissa

### grilled salmon & black sesame poké bowl 18

basmati rice, avocado, edamame, bang  
bang cucumber, pink onions, crispy  
shallots, radish

### bob's cheeseburger f 16

100% beef, gherkins, onion,  
house sauce, fries  
add crispy bacon 2

### steak frites f 19

rump steak with garlic butter or  
peppercorn sauce

### mother earth bowl vg f 14.5

sweet potato, lentils, avocado,  
basmati rice, broccoli, cucumber,  
radish, sautéed mushrooms

### grilled teriyaki salmon 18

basmati rice, edamame,  
coriander, pak choi

### veggie chilli bowl vg 14

avocado, coconut yoghurt,  
corn chips, basmati rice

### chef's house salad vg 9.5

avocado, cucumber, tomatoes, carrot,  
edamame, peppers, radish, mixed  
leaves, vinaigrette

add chicken | halloumi | tofu 3.5  
add salmon 5.5

## SIDES

fries vg f 3.5 | sweet potato fries vg f 4.5 | tomato & onion salad vg 5  
creamy mash v 3.5 | sautéed greens vg 4.5 | bang bang cucumber vg 3.5

## DESSERTS

### chocolate brownie v 7.5

chocolate sauce, vanilla ice cream

v vegetarian | vg vegan | f cooked in a shared fryer  
please notify your server of any food allergies or intolerances

Vegetarian dishes are made from ingredients that do not contain any meat or fish products. Vegan dishes are made from ingredients that do not contain any animal products. We advise you to notify your server if you have any food allergies or intolerances. Not all ingredients are shown in the dish descriptions. We are happy to provide you with allergen guidelines for all our menu items. We do not have dedicated preparation or cooking areas in our kitchens for vegetarian, vegan or gluten-free food; there may be a risk of traces of allergens & gluten found in any dish. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. Our fish is a natural product & may contain small bones. All dishes on this menu are subject to ingredient availability. An optional service charge of 12.5% will be added to your bill for the benefit of all our staff.